You have to admit, when I start catching up, I don't fool around! So, why now, you might ask? It's too hot to do anything else, that's why!!!! Most people soak up all their vitamin D in Summer. For me, I think it is going to be in Fall, Winter, and Spring! In all fairness to the area, it is unusually hot and early this year!

Since moving in, I have made an effort to return to the practice of "T'ai Chi Chih (for seniors) that I have done off and on during the past 15 years. From what I am hearing there might be a real interest on the part of some members of this community to join me. I am delighted, as group participation makes the benefits of this movement so much more rewarding. The center has the perfect place to practice, complete with sound equipment and DVD player. Nancy has announced that it is going to happen soon in the Lakeside Community Newsletter.

Well, this month our new sleep number bed was delivered

along with our dinning room set. Bob & I attended the

monthly Pub Luncheon, organized and put on by one of the residents; two Trivia Nights, hosted by another Lakeside resident (not my strong point, but fun just the same); a Friday night Pub social; a movie night in the Pub; a Friday morning Coffee and Doughnuts; and a Hurricane Seminar (for preparedness). The Community hosted a traveling Hand Bell Concert from the First Baptist Church Youth Choir of Mount Holly, NC, which was outstanding. I attended a monthly Garden Club, which was both educational and fun. This provided tips on lawn care in this area as well as plants and flowers that do well here. Les & Irene Miller were present and are veteran farmers with a wealth of information. interesting to note that later in the month, this community was visited by family of bears....yes, I said bears! Included in my collection of pictures are some taken by Les of the mother bear raiding his bird feeder. Bears are not seen here usually, but may have been pushed in by a recent forest fire. These pictures were taken around three in the afternoon. Since Summer is here and schools are closed, the whole community is moving at a slower pace. Some regular activities are off the calendar until Fall or are irregular at

Our geese population is growing, which is not good for the esthetics of the lake and lawns. They make a mess on the lawns and contaminate the water. They make for interesting pictures though. Get a load of "Miss Minnie"!! Here I am on my hands and knees looking under the sofa, etc for her and she is watching from above! Whiskers

best. Some people leave for a vacation, or have family visit them here. Things are definitely at a slower pace.

etc for her and she is watching from above! Whiskers says, "Finally, a real rug for me to lay on"! Well, this is a short newsletter for this month. I hope all are enjoying them.







